

Health and Wellbeing Board

OPEN MINUTES of the Health and Wellbeing Board held on Wednesday 9 June 2021 at 3.00 pm. This was a virtual meeting. A meeting link was circulated in advance.

PRESENT:	Councillor Kieron Williams (Chair) Dr Nancy Kuchemann (Vice-Chair) Councillor Evelyn Akoto Councillor Jasmine Ali Cassie Buchanan Shamsur Choudhury Sam Hepplewhite Sangeeta Leahy Krzysztof Mikata-Pralat Councillor David Noakes David Quirke-Thornton Anuradha Singh
OTHERS PRESENT:	Rod Booth, Layla Davidson, Clizia Deidda, Yvonne Ely, Sarah Feasey, Tracey Freya, James Hatts, Jamez, Daniel Hooper, Tizzy Keller, Steve Lancashire, Jin Lim, Pauline O'Hare, Leidon Shapo, Roxanne Smith, JoAn Taylor, Lee Souter, Rebecca Wycliffe
OFFICER SUPPORT:	Poonam Patel (Constitutional Officer – secondment)

1. WELCOME AND INTRODUCTIONS

The Chair welcomed everyone to the meeting.

2. APOLOGIES

Apologies for absence were received from Sarah Austin, Director Integrated Care for Guy's and St Thomas' NHS Foundation Trust; David Bradley, Chief Executive of Southwark London and Maudsley NHS Foundation Trust; Clive Kay, Chief Executive of King's College Hospital NHS and Eleanor Kelly, Chief Executive Officer of Southwark Council.

3. ELECTION OF VICE-CHAIR

Dr Nancy Kuchemann was nominated, seconded and appointed to the role of Vice-Chair of the Health and Wellbeing Board 2021/22.

4. CONFIRMATION OF VOTING MEMBERS

Those listed as present were confirmed as the voting members of the meeting.

5. NOTIFICATION OF ANY ITEMS OF BUSINESS WHICH THE CHAIR DEEMS URGENT

There were none.

6. DISCLOSURE OF INTERESTS AND DISPENSATIONS

There were none.

7. MINUTES

The minutes of the meeting held on 18 March 2021, be approved as a correct record of the meeting.

8. MEMBERSHIP APPOINTMENTS TO HEALTH AND WELLBEING BOARD

RESOLVED –

1. That the Health and Wellbeing Board agreed under PART 3L(8) of the Council's constitution, the new position for Partnership Southwark and the representative from Guy's and St Thomas' NHS Foundation Trust be voting members of the Board.
2. That the Health and Wellbeing Board noted the Administrative updates to the titles for the voluntary sector positions in the membership list.
3. That the Health and Wellbeing Board noted that the terms of reference and membership for the Board as written in the council's constitution would be reviewed as part of a piece of work deriving from the Board's development workshop sessions scheduled in 2021/22.

9. COVID-19 UPDATE

Sangeeta Leahy, Director of Public Health for Southwark Council, introduced the report by announcing that Freya Tracey would be presenting the data in Chris Williamsons' absence and that case rates were on the increase and the vaccination programme was moving at a pace.

Freya Tracey, Health Intelligence Analyst, Southwark Public Health team tabled a presentation, see Supplemental Agenda No.1, which covered the following areas:

- i. Key message
- ii. Cases
- iii. Contact tracing
- iv. Secondary care
- v. First dose vaccination coverage – 3 June and 31 May 2021
- vi. First dose vaccination coverage – high priority ethnicity, 3 June 2021
- vii. COVID Variants
- viii. Case Numbers and rates
- ix. Horizon Scanning

In response to a question and answer session, the following points were noted.

- Nationally, hospital admissions were increasing.
- Those who were accepting their second vaccination dose were at a lower risk of needing hospital treatment and therefore presented a break in hospital admissions as a direct result of the vaccination programme.

- The current position regarding the Delta variant was of concern and therefore everyone were advised to continue with the national guidance to maintain social distancing in appropriate settings and keep safe at all times.
- Data would continue to be gathered and monitored to maintain knowledge and data intelligence.
- In response to addressing the increasing case rates in deprived areas of the borough, ethnicity and tackling health inequalities, the council had reduced the threshold to receive self-isolation payments to help those that need it, follow the isolation rules and try and break the link of onward transmission of COVID-19.
- The public health team continue to ask residents during their COVID-19 conversation if they need any support. Consequently, welfare conversations were taking place with residents and support was given.
- The council's public health team were providing support and welfare guidance directly to residents as part of standard duties fell in the local authority's remit to Administer.

Link to Support for residents during COVID-19 covering, food access, financial support for residents, advice on potential COVID-19 related scams, and helping out vulnerable residents:

<https://www.southwark.gov.uk/health-and-wellbeing/coronavirus/support-for-residents-during-covid-19>

Link to Appendices 2 and 3 for Item 14 - Health and Wellbeing Strategy, Health Inequalities Framework 2020 and COVID-19 Inequalities Impact Assessment:

<https://moderngov.southwark.gov.uk/ieListDocuments.aspx?CId=365&MId=6891&Ver=4>

- In response to SEL CCG, Trusts and stakeholders doing everything they could to meet daily service demands, backlog of cases and a potential third wave of the pandemic.
- SEL CCG and the Trusts were responding to the pandemic during past and current phases with a third-wave in mind. Consequently, data continued to be analysed and currently there was a demand for services. Specific plans were in place to respond accordingly and work through all challenges and pressures the pandemic was causing on NHS and stakeholders.
- The capacity to accommodate COVID-19 hospital admissions was not fixed but finite.

- A letter to all schools reminding them of the guidance which was inclusive to complete the COVID-19 tests twice a week would be sent by the council's public health team.
- The case growth rate for ages 0 to 17 was slower than those aged 18 to 39, however there was an increase across all age groups.
- The data showed there was an increase in cases in the younger population age groups 5 to 11 and 12 to 16's however breaking down data for this specific demographic made the data to be more volatile to securitise due to the population size and settings.
- The data does not indicate a significant increase of cases for those aged 17 to 18.

The Chair thanked Sangeeta Leahy and Freya Tracey for their presentation and thanked everyone for their contributions towards the discussion; and acknowledged the concerns raised.

RESOLVED –

That the Health and Wellbeing Board noted the COVID-19 Update.

10. DISCUSS UPDATE ON THE PANDEMIC AND SCHOOLS

Cassie Buchanan, Southwark Headteachers representative made the following points in response to the pandemic and schools.

- The capacity to respond to the impact of the pandemic and mental health had been reduced.
- At primary school age, it was still important not to lose sight of those with medical and SEN (special educational needs).
- Expecting an increase of those that were NEET (not in education, employment or training).
- Need to ensure that mentoring and all the programmes on offer was communicated and accessible for all.
- Schools need to have the capacity to access what mental health services, support and plans were available to them; and the strategy across the board to be better informed and resourced to respond to mental health and wellbeing in a school setting.
- Need to increase the capacity to offer the free safeguard training for teachers.

- The training offer for teachers to be a mental health first aider was excellent and there was a call to encourage more to become a mental health first aider.
- Need to review school exclusion data and receive a report at a future meeting.

Councillor Jasmine Ali, Deputy Leader and Cabinet Member for Children, Young People and Education contributed to the discussion and the following points were noted.

- 6,200 laptops had been issued to Southwark children to support their learning during the lockdown(s).
- There was a new initiative called “Youth New Deal” to reach young people and positively contribute towards their mental health.

Link to the report positive future for young people fund commissioning plan:

<https://moderngov.southwark.gov.uk/mglIssueHistoryHome.aspx?Ild=50026085&Opt=0>

Yvonne Ely, Assistant Director of Special Educational Needs and Disabilities (SEND) and Lee Souter, Education Lead for Wellbeing and Personal, Social, Health and Economic (PSHE) education; Mental Health and Healthy Schools were also in attendance and in the absence of the Director of Education, Nina Dohel. The following points were noted.

- The primary school population since March 2021 had settled back in well and there had been no specific or significant signs of distress following their transition to return to school; some schools had reported their best attendance since March.
- There was a huge amount of work to respond to transition from rebuilding the social, confidence, language and communication skills for primary school children returning into a school setting to rebuilding the teacher’s resilience and their overall wellbeing.
- Primary school population were showing positive resilience in returning back to school.
- There were high levels of acute emotional, mental health and anxiety issues whereby secondary schools were doubling their counselling offer to respond to demand.
- There was an increase in reported safeguarding issues in secondary schools.

- One school had established a type of peer-to-peer network with the sixth formers supporting the younger children to help manage their mental health at school.
- To support teachers and their mental health and overall wellbeing they were sign-posted to the education support services as part of safe guarding updates.
- School initiatives like 'coffee meets' for lone working staff were set-up and there was an increase of staff accessing self-care relaxation sessions after school.
- A school had changed their offer this term by offering two mental health and wellbeing resilience weeks for years seven and eight with a lens on improving self-esteem, physical activity, connecting with others and resilience.
- Generally, the majority of children had returned to school successfully.
- The schools had delivered brilliantly as there was a perception that schools were shut this was not the case for vulnerable children, they remained open.
- The emerging themes following the full return of children in schools was an evolving picture to monitor.
- Individual schools were responsible to collect and measure emotional wellbeing and mental health data for their school population. The school would then react accordingly to their results as part of their IMHARS (improving mental health and resilience in schools) project work.

Link to Southwark's IMHARS: <https://schools.southwark.gov.uk/pshe-healthy-schools/mental-health-wellbeing>

The Chair thanked Cassie Buchanan, Yvonne Ely and Lee Souter for their updates and contributions to the discussion.

RESOLVED –

1. That the Health and Wellbeing Board asked to see what opportunities there were to work with the schools and feed into the Health and Wellbeing strategy.
2. That the Health and Wellbeing Board asked to receive a schools exclusions report at a future meeting after initial conversations were had with key members of the Health and Wellbeing Board.

3. That the Health and Wellbeing Board asked for the mental health training offer for schools to be looked into further with Southwark's Public Health Team to support both school staff and children.
4. That the Health and Wellbeing Board asked for continued efforts to communicate what mental health and wellbeing services were available for the schools and children.

11. UPDATE ON VACCINATION

Sam Hepplewhite, Place Based Director (Southwark) SEL CCG gave a verbal update on the vaccination programme and the following points were noted.

- Improvements to reach residents per week were achieved.
- Vaccinated approximately:
 - 90+% for those in care homes
 - 70% for those working in care homes
 - 82% in the 70+ age group
 - 70% in the 65 to 69 age group
 - 76% in the 60 to 64 age group
 - 73% in the over 50's age group
 - 60% in the 40 to 49 age group
- The current strategy of not leaving anyone behind by simply being accessible and in reach with correct information was proving to be effective and the right strategy to deploy.
- The NHS vaccination programme was now open for those that were 25 years old and over and were encouraged to book their vaccination appointment.

Link to book or manage your NHS COVID-19 vaccination:

<https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/>

- A range of pop-up walk-in vaccination sites were in place to encourage take-up without an appointment or ID.

Link to SEL CCG Pop-up clinics: <https://selondonccg.nhs.uk/what-we-do/covid-19/covid-19-vaccine/pop-up-clinics/>

- The three pillars, Testing, Prevention and Control continue to be areas of information to share at the walk-in sites.

- A super Saturday was scheduled for 12 June 2021 at Guy's and St Thomas' Hospital by offering an extra pod for those in the 40+ age group. This was also a walk-in set-up without a pre-booked appointment.
- Southwark GPs had sent a personalised letter on 9 June 2021 to encourage vaccine take-up and decide if they want to accept the vaccination. The GPs would also be following-up with a text messaging service.
- On Saturday 19 and Sunday 20 June 2021, SEL CCG have partnered up with South West London CCG and St John Ambulance by setting up a vaccination walk-in site at the Windrush festival in Crystal Palace.
- Ongoing planning and conversations were taking place with public health partners in light of the challenges and risks around the Delta variant by focusing on the hot-spot areas in London pre and post surge of the Delta variant taking pace.
- A lot of work was taking place in the run-up to the road map of coming out of lockdown on 21 June 2021 and national target to offer vaccines to all adults by 31 July 2021.
- SEL CCG were currently experiencing an insufficient supply of the Moderna and Pfizer-BioNTec vaccines. Consequently, there was a focus to continue with vaccinating cohorts 1-9 to make use of the Oxford/AstraZeneca vaccine.
- Efforts were being made to reach those that were not coming forward for their second dose of their Oxford/AstraZeneca.
- The national booking system required people to cancel their second vaccination appointment first before being able to re-book for an earlier date following the announcement that the second vaccination could take place after eight weeks and not 12 weeks. Therefore, people were reacting to the offer to book their second dose cautiously as they may not secure an earlier second vaccination appointment.
- Enhanced guidance had been provided to support everyone involved in the SEL vaccination programme by way of addressing the recent anti-vaccination activity in London.
- The joint vaccination and immunisation committee were yet to release guidance on vaccinating those that were under 18 years old. Once the guidance was released the public health partners would be in an informed position to know more and advise accordingly.

Link to Joint Committee on Vaccination and Immunisation:

<https://www.gov.uk/government/groups/joint-committee-on-vaccination-and-immunisation>

- There was a view that school teachers in the borough were either 25 years old or over and therefore able to be vaccinated with the right vaccine.
- SEL CCG continue to work with others to learn from others and deliver the best methods in reaching residents to offer the vaccines available.

The Chair thanked Sam Hepplewhite for the verbal update and acknowledged the positive efforts to offer pop-up walk-in sites to reach residents.

RESOLVED –

That the Health and Wellbeing Board receive from SEL CCG a paper detailing the total percentages of those vaccinated in cohorts 1 to 9 covering both the first and second dose.

12. PUBLIC QUESTION TIME

The Health and Wellbeing Board noted that no written public questions were received. The Chair accepted verbal questions from Mr Steve Lancashire at the meeting.

Questions and/or concerns

- i. Health data sharing and opt-out options - what was the guidance?
- ii. SEL CCG to renew APMS contracts - which contracts will be renewed?
- iii. Look at the relationship between the mental health and suicide strategies.

Response to question 1:

Sam Hepplewhite confirmed that SEL CCG have drafted a piece of work to help address the concerns around the intentions of health data to be shared, and would be liaising with the Chair to progress through the relevant teams to provide a joint communique for the residents.

Response to Question 2

Sam Hepplewhite confirmed that APMS (Alternative Provider Medical Services) is a GP contractor. A chart of all APMS contracts and their renewal was provided for the council's 23 March 2021 Health and Social Care Scrutiny Commission and offered to provide the information again.

Response to Question 3

Dr Nancy Kuchemann, (Vice-Chair), GP and NHS SEL CCG Clinical Lead, explained that there was a preventing crisis and managing crisis section in the draft refresh version of the mental health and wellbeing strategy and that there was scope to look into this area further to avoid duplication and answer more questions around the topic.

13. MENTAL HEALTH AND WELLBEING STRATEGY UPDATE

Sam Hepplewhite, Place Based Director (Southwark) SEL CCG gave a verbal update about the strategy and the following points were noted.

- The clinical need had been identified and a steering group was now established.
- Reviewed the delivery of actions in the strategy and recorded all the achievements.
- Identified the work stream leads for the refresh of the strategy.
- The priorities had been identified.
- Worked with key partners.
- There was a link to the council's work for Southwark Stands Together and other commitments.
- Reflected on the community and residents voice.

RESOLVED –

That the Health and Wellbeing Board noted that it could be possible to receive the refresh of the strategy in draft form at the next meeting scheduled on 21 July 2021.

14. HEALTH AND WELLBEING STRATEGY

Sangeeta Leahy, Director of Public Health for Southwark Council, introduced the report and referenced the Health and Wellbeing Framework that was included in the papers, see pages 46 to 153 of the main Agenda pack.

Jin Lim, Deputy Director of Public Health and Tizzy Keller, Public Health Policy officer were then introduced to deliver a presentation, see Supplemental Agenda No.2. The following areas were covered:

- i. Joint Health and Wellbeing Strategy 2015 – 20
- ii. Health Inequalities Framework
 - a. The approach
 - b. Priorities
 - c. Data collection, equity monitoring and evaluation
 - d. Community engagement
 - e. Approach

- iii. The Joint a Health and Wellbeing Strategy (JHWS) renewal and refresh
- iv. The JHWS refresh
 - a. Draft timeline for the strategy development

In response to the presentation, Jin Lim invited the Health and Wellbeing Board to provide their views and endorse the proposed course of action.

The following points were noted.

- Providing a robust range of consultative methods to engage with the residents and community groups needed to be included in the framework as it was not only central to being successful but equally represents accountability.
- Healthwatch needed to be involved and other community groups so this area of work was driven by the community for the community.
- Include other priorities like climate change and go further to build trust in the community.
- Engaging with other public sector partners like the London Transport Police and linking with national issues may also present beneficial impacts for the community i.e. sugar tax and ethical employment.
- Go further to work through data collection barriers that arise and include primary care providers in the list.
- The timing of refreshing the strategy was welcomed as there was a collective ambition to build back fairer for everyone and work on how to future proof budgets.
- Once the strategy was agreed, the information needed to be filtered and “drilled-down” to everyone that was involved in working towards the common aims and objectives. This would in turn establish tight connectivity throughout the journey to deliver on the strategy.
- There were opportunities to dovetail the strategy with the work of SLaM NHS Foundation Trust.
- The smoking ban would be a good case example.

The Chair thanked Sangeeta Leahy, Jin Lim and Tizzy Keller for their report and presentation and acknowledged the work around the Integrated Case System (ICS).

Link to NHS ICS explained:

<https://www.england.nhs.uk/integratedcare/what-is-integrated-care/>

RESOLVED –

1. That the Health and Wellbeing Board noted the update provided in the report on the implementation of the Joint Health and Wellbeing Strategy.
2. That the Health and Wellbeing Board agreed that the Health Inequalities Framework and the impacts of the pandemic shape, inform and form the basis of the refresh of the Joint Health and Wellbeing Strategy.
3. That the Health and Wellbeing Board considered and agreed the draft approach and timeline proposed in paragraphs 23 - 27 for the Joint Health and Wellbeing Strategy development and to nominate lead individuals to sit on the JHWS working group.
4. That the Health and Wellbeing Board noted the presentation and provided their views in response to the presentation.

15. ANY OTHER BUSINESS

Councillor Noakes referred to the meeting held on 11 November 2020 and asked for an oversight report on the borough's own public health outcomes on topics like sexual health, drugs and alcohol.

RESOLVED –

That the Health and Wellbeing Board to receive an oversight report at a future meeting of the Health and Wellbeing Board 2021/22.

16. FUTURE MEETING DATES 2021/22

RESOLVED –

That the Health and wellbeing Board noted the future meeting dates for 2021/22.

- Wednesday 21 July 2021 at 3pm - 5pm
- Wednesday 15 September 2021 at 3pm - 5pm
- Monday 1 November 2021 at 3pm - 5pm
- Monday 10 January 2022 at 3pm - 5pm
- Monday 7 March 2022 at 3pm - 5pm
- Monday 4 July 2022 at 3pm - 5pm

Meeting ended at 17.01.

CHAIR:

DATED: